Determinants of Hepatitis C Virus Treatment Completion and Efficacy in Drug Users Assessed by Meta-analysis

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Background. Hepatitis C virus (HCV)–infected drug users (DUs) have largely been excluded from HCV care. We conducted a systematic review and meta-analysis of the literature on treatment completion and sustained virologic response (SVR) rates in DUs. We assessed the effects of different treatment approaches and services to promote HCV care among DUs as well as demographic and viral characteristics.

Methods. Studies of at least 10 DUs treated with pegylated interferon/ribavirin that reported SVR were analyzed. Heterogeneity was assessed (Cochran test) and investigated (meta-regression), and pooled rates were estimated (random effects).

Results. Thirty-six studies comprising 2866 patients were retrieved. The treatment completion rate among DUs was 83.4% (95% confidence interval [CI], 77.1%–88.9%). Among studies that included addiction-treated and untreated patients during HCV therapy, the higher the proportion of addiction-treated patients, the higher the HCV treatment completion rate ($P < .0001$). After adjusting for human immunodeficiency virus (HIV)/HCV coinfection, sex, and treatment of addiction, support services during antiviral therapy increased treatment completion ($P < .0001$). The pooled SVR rate was 55.5% (95% CI, 50.6%–60.3%). Genotype 1/4 ($P = .0012$) and the proportion of HIV-coinfected DUs ($P = .0173$) influenced the SVR rate. After adjusting for HCV genotype 1/4 and HIV/HCV coinfection, the SVR rate was positively correlated with involvement of a multidisciplinary team ($P < .0001$).

Conclusions. Treatment of addiction during HCV therapy results in higher treatment completion. Our pooled SVR rate is similar to that obtained in registration trials in the general population. Treatment of addiction during HCV therapy will likely be important for HCV-infected DUs undergoing treatment with more complex regimens including direct-acting antivirals.

Keywords. drug users; hepatitis C virus; treatment completion; SVR; meta-analysis.

An estimated 170 million people globally and 5 million people in the United States are infected with hepatitis C virus (HCV), with injection drug use as the major transmission route [1]. Fifty percent to 80% of those exposed to HCV will develop chronic infection that can ultimately lead to hepatic fibrosis, hepatocellular carcinoma, and cirrhosis [2]. Until recently, pegylated interferon/ribavirin (PEG-IFN/RBV) had been the standard treatment for all hepatitis C genotypes, resulting in viral eradication in approximately 50% of treated patients [3, 4]. Recent approval of boceprevir [5] and telaprevir [6] for HCV genotype 1–infected patients simultaneously increased treatment efficacy and its complexity, necessitating rigorous adherence to medication administration to mitigate development of resistant variants.

In the United States, the majority of prevalent and incident HCV infections occur in drug users (DUs) [7].

Unfortunately, however, HCV treatment uptake remains low among DUs. Namely, less than one-third of patients referred to specialty clinics appear for evaluation and <20% of those evaluated initiate antiviral therapy [8–10]. DUs often cite discomfort encountered in conventional medical venues as a primary obstacle limiting pursuit of an HCV evaluation [8]. Consequently, HCV therapeutic effectiveness in DUs is an issue of treatment access, acceptance, and adherence rather than drug efficacy [11].

Understanding the factors that influence adherence of DUs to PEG-IFN/RBV has relevance to more complex treatment regimens, such as those that include boceprevir and telaprevir. While many factors that influence treatment outcome are unmodifiable, treatment approaches tailored to DUs could be pursued. To determine the influence of support services on HCV treatment completion and therapeutic success, we conducted a meta-analysis of studies on DUs treated with PEG-IFN/RBV. Because most of these studies have relatively small sample sizes, their aggregation through meta-analysis increases statistical power and facilitates generation of evidence-based conclusions.

METHODS

Search Methodology

We searched multiple electronic resources (including PubMed, ClinicalTrials.gov, EMBASE) for studies of HCV treatment in DUs using combinations of relevant keywords (*hepatitis C virus*, *drug users*, *substance use*, *sustained virological response [SVR]*, *pegylated interferon*, *ribavirin*). We also reviewed references from the retrieved articles. The last search was performed in September 2011, resulting in 1144 studies screened for eligibility.

The inclusion criteria for studies were (1) a population of at least 10 DUs treated with PEG-IFN/RBV and (2) a reported treatment outcome. Successful treatment outcome was defined as achieving a sustained virologic response (SVR), that is, undetectable HCV RNA 24 weeks after treatment cessation. DUs were defined as individuals who reported exposure to illicit drugs (including injection and noninjection). Illicit drug exposure was defined as the nonmedical use of drugs prohibited by international law. We only included papers published in English except for 1 Serbian study included because of a native Serbian speaker on our team. Papers that did not satisfy the inclusion criteria were excluded.

Thirty-four publications (published 2004–2011) comprising a total of 2866 patients were included (Table 1). Because 2 publications [12, 13] contained independent arms, they were considered separately; thus, a total of 36 studies were evaluated.

Data Extraction

To facilitate data coding and extraction, we designed a form (Supplementary Data). We collected information on treatment completion rates and success, study design, demographic and hepatic characteristics, treatment of addiction, support services, and methods to deliver HCV treatment. Each study was coded independently by 2 investigators (R.B.D. and M.Z.), coding results were compared, and discrepancies were resolved by discussion between the 2 reviewers.

Statistical Analysis

Units in the meta-analysis were the independent studies. Main variables of interest were the treatment completion and SVR rates. We considered HCV treatment not completed if patients were discontinued for any reason other than lack of viral response (which is a standard PEG-IFN/RBV discontinuation rule). Reasons for noncompletion included nonadherence, substance abuse, patient unwillingness to complete therapy, loss to follow-up, death, adverse events, or other reasons. The SVR rate was determined by intention to treat as the proportion of patients (DUs) who achieved an SVR among all DUs. We used as outcomes the log odds for achieving an SVR and the Freeman-Tukey double arcsine transformed [14] treatment completion rates (due to rates equal to 1). Heterogeneity of the effect sizes between the studies was investigated, tested (Cochran test) and quantified through the Q and I^2 statistics (proportion of total variation due to heterogeneity between studies). If heterogeneity was present, a random effects model was used for inference and the DerSimonian-Laird estimator [15] was used for the heterogeneity parameter.

We verified the assumptions of the model and investigated for outliers using the Shapiro-Wilk normality test, as well as weighted normal plots of the elements of Q [16]. In order to determine the influence of the individual studies, we performed influential analysis. Furthermore, interstudy variability due to different study characteristics and factors, including treatment of addiction, were assessed through meta-regression analysis. Treatment of addiction was defined as participation in a pharmacological maintenance, pharmacological detoxification, or behavioral program, or a medication regimen for individuals with drug addiction disorders. We also analyzed specific support services designed to increase treatment adherence including needle exchange, counseling, educational interventions for HCV, case management, directly observed therapy, motivational interviewing, and peer support groups. We also sought to determine whether involvement of a multidisciplinary team (defined as a systematic program for treatment of HCV patients that includes specialists from 2 or more areas) affected the treatment completion and SVR rates. These teams were typically comprised of different specialists including hepatologists, addiction medicine specialists, psychologists/

Table 1. Characteristics of Individual Studies Included in Meta-Analysis[a]

Study ID	First Author, Year of Publication	Location	Study Design	Type of Enrollment	Enrollment Start Date	Enrollment End Date	No.
1	Grebely, 2007 [17]	Canada	Observational	Prospective	1 Jan 2001	1 July 2003	28
5	Alvarez-Uria, 2009 [18]	UK	Observational	Retrospective	1 Nov 2003	1 Aug 2006	70
6	Gazdik, 2009 [19]	Slovakia	Observational	Prospective	1 Jan 2003	1 July 2006	92
10	Ebner, 2009 [20]	Austria	Randomized control	Prospective	1 Aug 2003	1 Feb 2006	17
11	Waizmann, 2010 [21]	Germany	Observational	Retrospective	1 Sept 2005	1 May 2008	49
12	Belfiori, 2009 [22]	Italy	Observational	Prospective	1 Sept 2003	1 Dec 2006	52
13	Guadagnino, 2007 [23]	Italy	Observational	Prospective	1 Dec 2002	1 Nov 2003	53
14	Bonkovsky, 2008 [12][b,c]	US	Randomized control	Prospective			24
14	Bonkovsky, 2008 [12][b,c]	US	Randomized control	Prospective			
15	Schaefer, 2007 [24]	Germany	Case control	Prospective	1 Jan 2001	1 Jan 2003	31
16	Litwin, 2009 [25]	US	Observational	Retrospective	1 Jan 2003	15 Dec 2005	73
17	Mauss, 2004 [26][b]	Germany	Nonrandomized concurrent control trial	Prospective			50
18	Harris, 2010 [27]	US	Observational	Retrospective	1 July 2003	1 July 2005	21
20	Grebely, 2010 [10]	Canada	Observational	Retrospective	1 March 2005	1 March 2008	19
35	Krook, 2007 [28]	Norway	Nonrandomized concurrent control trial	Prospective	1 Jan 2003	1 Jan 2004	17
42	Bruggmann, 2008 [29]	Switzerland	Observational	Retrospective	1 Sept 2000	31 May 2006	199
66	Dimitroulopoulos, 2009 [30]	Greece	Observational	Retrospective	1 Nov 2001	1 Jan 2003	45
69	Fried, 2008 [31]	Switzerland	Observational	Prospective	1 March 2002	1 June 2004	67
73	Hallinan, 2007 [32]	Australia	Observational	Prospective	1 Dec 2002	1 Nov 2005	11
75	Jack, 2009 [33]	UK	Observational	Prospective	1 Feb 2005	1 Jan 2008	21
76	Jeffrey, 2007 [34]	Australia	Observational	Prospective	1 Oct 2002	1 March 2005	50
85	Schulte, 2010 [35]	Germany	Observational	Prospective	1 Sept 2002	1 Dec 2007	26
89	Papadopoulos, 2010 [36]	Greece	Observational	Prospective	1 Jan 2004	1 Jan 2010	48
91	Melin, 2010 [37]	France	Observational	Prospective	1 Nov 2002	1 Jan 2005	822
92	John-Baptiste, 2010 [38]	Canada	Observational	Retrospective	1 Nov 2002	1 Jan 2006	109
98	Sasadeusz, 2011 [39]	Australia	Observational	Prospective	1 Feb 2004	1 Jan 2006	53
99	Taylor, 2011 [40][b]	USA	Observational	Prospective			11
107	Jovanović, 2007 [41]	Serbia	Observational	Retrospective	1 Jan 2005	1 Jan 2007	31
129	Wilkinson, 2009 [42]	UK	Observational	Prospective	1 March 2005	1 March 2007	58
130	Manolakopoulos, 2010 [43]	Greece	Observational	Retrospective	1 Jan 2000	1 Dec 2007	175
133	Lindenburg, 2011 [44]	Netherlands	Observational	Prospective	1 Jan 2005	1 July 2009	58
134	Tait, 2010 [45]	Scotland UK	Observational	Retrospective	1 Jan 2004	1 Jan 2007	42
135	Mauss, 2010 [46]	Germany	Observational	Retrospective	1 Jan 2000	31 Dec 2007	407
136	Martinez, 2012 [47]	USA	Observational	Retrospective	1 July 2006	1 June 2008	24
137	Curcio, 2010 [13][c]	Italy	Matched control	Prospective	1 Jan 2004	1 Jan 2008	16
137	Curcio, 2010 [13][c]	Italy	Matched control	Prospective	1 Jan 2004	1 Jan 2008	32

[a] Of the studies that offered support services, 3 offered needle exchange, 5 counseling for risk reduction, 10 psychological counseling, 3 educational intervention, 8 directly observed therapy, and 3 case management, while some offered multiple support services simultaneously.

[b] Information on enrollment dates not included in manuscript.

[c] Study includes independent arms, which were treated as separate studies.

psychiatrists, infectious diseases specialists, and general practitioners. We investigated the potential for publication bias through funnel plots and Egger regression test of funnel plot asymmetry. The significance level in all tests was .05, and all analyses were conducted using SAS (SAS Institute, Cary, North Carolina) and R (http://www.r-project.org/).

RESULTS

Characteristics of the Studies

Thirty-six studies, ranging in size from 11 to 822 individuals, were included (Table 1). All patients had a history of illicit drug use, 77% (1606/2087) were male (10 studies did not

describe sex distribution), and the median age (across 24 studies that reported age) was 38.2 years (interquartile range [IQR], 33.0–42.5 years). Active/former DU definitions varied with respect to the required duration of abstinence or were missing across the 15 studies that considered these variables. Based on the latter, 38.2% (656/1719) of the patients were active DUs. Eight studies defined former drug use as at least 6 months of abstinence prior to HCV treatment, whereas one study required at least 4 months, one 12 months, and an additional one had a median of 24 months of abstinence. Addiction treatment during HCV therapy occurred in 61.6% of patients (1303/2115 from 28 studies). Provision of support services was described in 31 studies, 15 with services and 16 without (Table 1). Twenty-two studies treated HCV using a multidisciplinary team.

Treatment Completion Rates in DUs Treated With PEG-IFN/RBV

We calculated the pooled treatment completion rate as 83.4% (95% confidence interval [CI], 77.1%–88.9%) from 32 studies (Figure 1A). We identified heterogeneity in the treatment completion rates ($I^2 = 90.2\%$, $P < .0001$). We identified neither publication bias ($P = .30$; Figure 1B) nor any particular study as influential.

The influence of various factors on treatment completion rates, estimated coefficients, and P values are shown in Table 2. Twenty-five studies that reported treatment completion also specified the number of addiction-treated patients during HCV therapy. From these 25 studies, we identified a trend in increased treatment completion when the proportion of patients treated for addiction during HCV therapy increased ($P = .105$). In 19 studies, all patients were treated for addiction, and only 5 studies [20, 24, 37, 43, 44] (the control group from [13] was excluded as an outlier) included both addiction-treated and untreated patients during HCV therapy. In these studies, 1061 patients were treated for HCV, and 348 of them received addiction treatment. We found that the higher the proportion of patients treated for addiction during HCV therapy, the higher the treatment completion rate ($P < .0001$). Further, among these studies, only Manolakopoulos et al [43] specified the proportion of patients who used illicit drugs during HCV therapy (16.5%). Thirteen of the studies that specified the treatment completion rate also specified the number of active DUs, but this observation was not significantly associated with treatment completion ($P = .93$). Additionally, we identified a trend of increasing treatment completion with increasing baseline substitution therapy ($P = .058$).
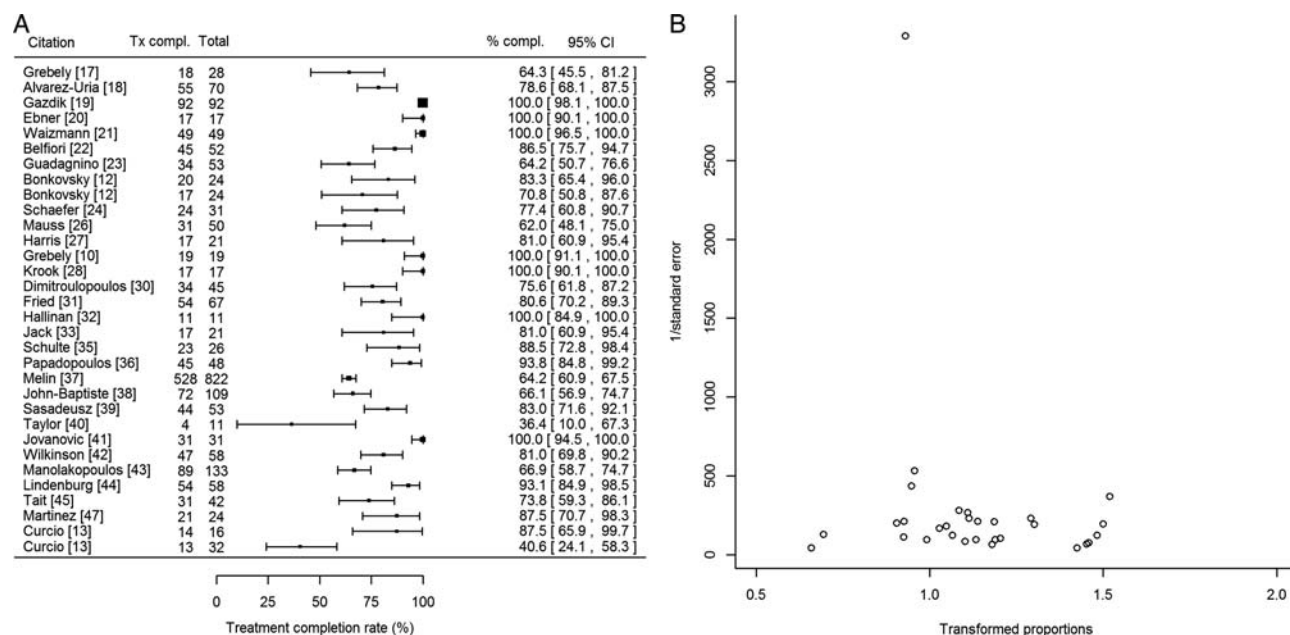

Figure 1. *A*, Forest plot demonstrating the treatment completion rates and associated 95% confidence intervals for each of the studies included in the meta-analysis. Column labeled "Tx compl." refers to the number of patients who completed treatment, and column labeled "% compl." refers to the percentage of patients in each study who completed treatment. Treatment completion ranged between 36.4% and 100%. In 7 studies, all patients completed treatment including 5 studies that reported extremely high sustained virologic response rates [19–21, 28, 41] and 2 that had small sample sizes [10, 32]. *B*, Funnel plot assessing publication bias for studies reporting treatment completion rates for hepatitis C virus infection. Treatment completion rates were transformed using the Freeman-Tukey double arcsine transformation [14] by the following formula: $1/2(\arcsin(\sqrt{N_{compl}/(N+1)}) + \arcsin(\sqrt{N_{compl} + 1/(N+1)}))$. Abbreviation: CI, confidence interval.

Table 2. Results From Univariable Meta-regression on Transformed Treatment Completion Rates[a,b]

Variable	No. of Studies	Coefficient Estimate	95% CI	P Value[c]	Pearson Correlation Coefficient	Heterogeneity Parameter (I^2)[d]	P Value (Heterogeneity)
Treatment of addiction during HCV therapy	25	0.2773	−.0582, .6128	.1053	0.2651	0.0249 (0.8061)	<.0001
Treatment of addiction during HCV therapy (in studies with patients who were not treated for addiction)	5	0.589	.4117, .7663	<.0001*	0.9664	0.0017	.2059
Substitution therapy at baseline[e]	22	0.3201	−.0113, .6516	.0584*	0.3503	0.024 (0.8084)	<.0001
Drug use during HCV treatment	15	0.2584	−.0226, .5395	.0715	0.4699	0.0172 (0.7444)	<.0001
Genotype 1 or 4	27	−0.4243	−.7981, −.0506	.0261*	−0.4462	0.0369 (0.8930)	<.0001
Human immunodeficiency virus infection	24	−0.4628	−.9134, −.0122	.0441*	−0.4416	0.041 (0.9125)	<.0001
Male	22	−0.6648	−1.3326, .0031	.0511*	−0.4502	0.0448 (0.9167)	<.0001
African American from US studies	3	−1.8556	−3.1240, −.5872	.0041*	−0.9681	0	.3347
Caucasians from US studies	5	0.0905	−.7991, .9802	.8419	0.1415	0.0174 (0.6058)	.0174
Study design (randomized or matched control vs other)	32	−0.0686	−.2843, .1470	.5327	−0.0979	0.0404 (0.9022)	<.0001
Location in United States	32	−0.1272	−.3446, .0902	.2515	−0.2438	0.0403 (0.9023)	<.0001
Age	23	−0.0116	−.0266, .0034	.1304	−0.3188	0.0414 (0.8691)	<.0001
Psychiatric comorbidities	15	−0.2312	−.6217, .1593	.2459	−0.3378	0.05 (0.9251)	<.0001
Biopsy performed	15	0.0208	−.3646, .4062	.9157	0.0218	0.0665 (0.9365)	<.0001
Multidisciplinary team involved	32	0.0313	−.1250, .1875	.6951	0.0501	0.0403 (0.8885)	<.0001
Support services offered	31	0.101	−.0463, .2482	.1789	0.1859	0.0353 (0.8799)	<.0001
Methadone maintenance during HCV treatment	20	−0.1042	−.3794, .1709	.4578	−0.2296	0.027 (0.8064)	<.0001

Abbreviations: CI, confidence interval; HCV, hepatitis C virus.

[a] Results listed in order as presented in the text.

[b] Results from the univariable meta-regression expressed as $\theta_i = \beta_0 + b_i + \beta_1 x_i + \varepsilon_i$, where θ_i is the Freeman-Tukey double arcsine transformed treatment completion rate from study i, β_0 is intercept, b_i is random effect for study i, x_i is the value of the covariate from study i, and ε_i is the within study error. The covariates are expressed either as proportions (treatment of addiction during HCV therapy, substitution therapy at baseline, drug use during HCV treatment, genotype 1 or 4, human immunodeficiency virus infection, male, African American from US studies, Caucasians from US studies, psychiatric comorbidities, biopsy performed, methadone maintenance during HCV treatment), as categorical variables (study design, location in United States, multidisciplinary team involved, support services offered) or as continuous variables (median/mean age).

[c] Significant P values are indicated with an asterisk.

[d] I^2 added if heterogeneity is present.

[e] Substitution therapy included patients on either methadone or buprenorphine.

Factors such as HCV infection with genotype 1/4 (from 12 studies, $P = .026$) and HIV infection ($P = .044$) were associated with lower treatment completion. For genotype 1/4 infection, the pooled rate was 80.0% (95% CI, 66.0%–91.3%; $I^2 = 85.7\%$). We observed the opposite association among those with genotype 2/3 infection; that is, the higher the genotype 2/3 proportion, the higher the treatment completion rate ($P = .0007$). For genotype 2/3, the pooled completion rate was 90.8% (95% CI, 77.3%–99.1%; $I^2 = 88.2\%$). For HCV monoinfection studies, the pooled rate was 87.0% (95% CI, 79.0%–93.3%; $I^2 = 89.9\%$), whereas the pooled rate of studies that included HCV/HIV-coinfected patients was 67.9% (95% CI, 53.0%–81.3%; $I^2 = 79.0\%$). Additionally, the higher the proportion of male

DUs, the lower the treatment completion rate ($P = .051$). Among 3 US studies with African American patients (9/56), treatment completion rates were lower ($P = .004$). None of the other variables evaluated were significantly associated with treatment completion.

We also investigated the heterogeneity among the treatment completion rates through multivariable meta-regression. Seventeen studies simultaneously included data on the treatment of addiction during HCV therapy, HIV/HCV coinfection, and sex as well as the availability of support services. Based on these analyses, we found a significant negative correlation between treatment completion and HIV/HCV coinfection ($P < .0001$) and male sex ($P < .0001$), as well as a positive
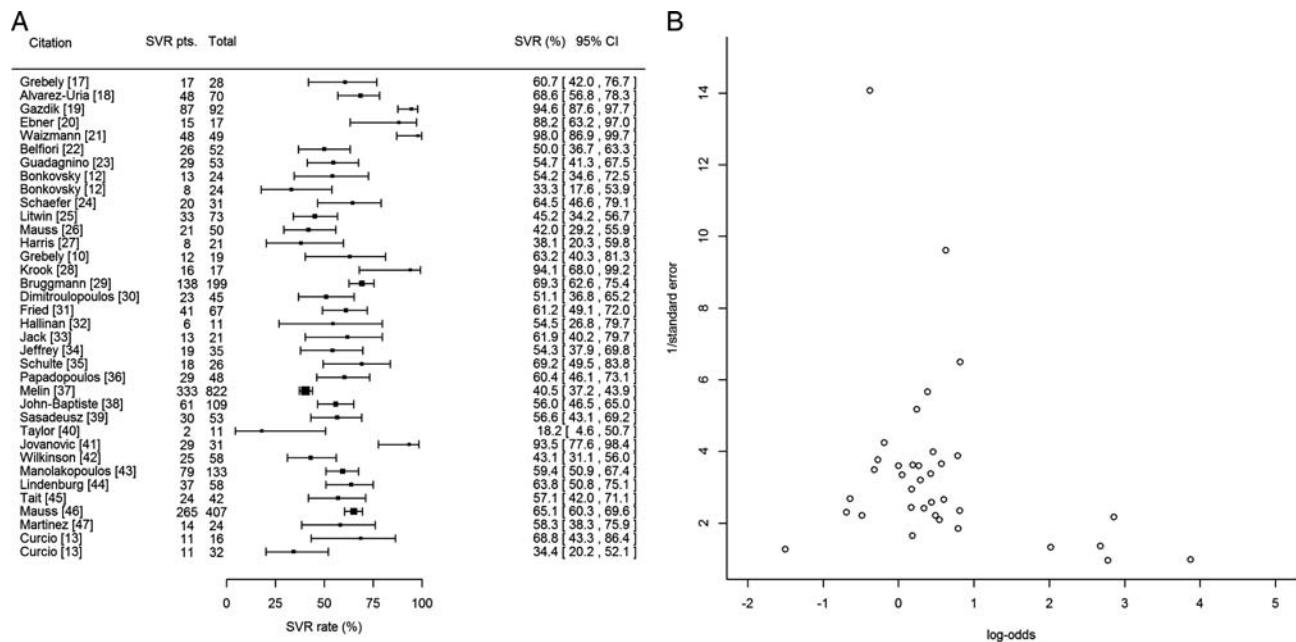
Figure 2. *A*, Forest plot demonstrating the sustained virologic response (SVR) rate and associated 95% confidence interval for each of the studies included in the meta-analysis. Column labeled "SVR pts." refers to the number of patients who achieved an SVR in the individual study. SVR was defined as absence of detectable peripheral hepatitis C virus RNA 24 weeks after treatment cessation. *B*, Funnel plot assessing publication bias for rate of sustained virologic response. Abbreviations: CI, confidence interval; SVR, sustained virologic response.

correlation with availability of support services ($P < .0001$). From this model, the heterogeneity parameter was estimated as 0 ($P = .58$).

Treatment Efficacy in DUs

We calculated an SVR rate of 59.4% (95% CI, 54.0%–64.7%) based on all 36 studies (Figure 2A). We identified significant heterogeneity ($P < .0001$) and estimated I^2 as 83.5% (95% CI, 78%–87.6%).

We initially detected potential publication bias in the SVR rates among the included studies ($P = .015$). After removal of 4 outlying studies [19, 21, 28, 41], publication bias resolved ($P = .175$; Figure 2B), I^2 decreased to 78.6% (heterogeneity remained significant, $P < .0001$), and the pooled SVR rate became 55.5% (95% CI, 50.6%–60.3%). The outlying studies had SVR rates ≥94% [19, 21, 41] and included relatively younger patients (median/mean ages of 27.0, 30.1, and 32.9 years, respectively). These studies were excluded in all subsequent analyses.

Differences in the proportions of patients treated for addiction during HCV therapy did not explain the heterogeneity between the SVR rates ($P = .930$; Table 3). The pooled SVR rate among addiction-treated patients was 53% (95% CI, 49.4%–56.6%) from 20 homogeneous ($I^2 = 25\%$, $P = .15$) studies that reported the respective rates. Moreover, among

the studies which included addiction-treated and untreated patients, only Manolakopoulos et al [43] specified the proportion of patients using illicit drugs during HCV therapy (16.5%). Thirteen of the studies specified how many patients were active drug users, but this observation was not associated with SVR ($P = .76$).

The median proportion of patients infected with HCV genotype 1/4 was 44.7% (IQR, 37.1%–57.5%), which significantly affected the SVR rate ($P = .001$). Moreover, when the effects of the proportions of genotypes 1 and 4 patients were assessed separately, the SVR rate was negatively correlated with the proportion of genotype 1 patients ($P = .0065$), but not significantly correlated with genotype 4 patients ($P = .56$). Similarly, higher proportions of HIV-infected patients were associated with lower SVR rates ($P = .017$). For HCV genotype 1/4, the SVR rate was 44.9% (95% CI, 41.0%–48.9%) from 19 homogeneous studies ($I^2 = 0\%$, $P = .637$). For HCV genotype 2/3, the SVR rate was 70.0% (95% CI, 62.9%–76.3%) from 18 heterogeneous studies ($I^2 = 57\%$, $P = .002$). Among 7 homogeneous ($I^2 = 44.4\%$, $P = .095$) studies with HIV-coinfected patients, the SVR rate was 41.3% (95% CI, 38.2%–44.4%). Among 15 homogeneous ($I^2 = 24.5\%$, $P = .183$) studies without HIV-coinfected patients, the SVR rate was 58.1% (95% CI, 54.6%–61.5%). Neither the median baseline HCV

Table 3. Results From Univariable Meta-regression on Log Odds of Sustained Virologic Response[a,b]

Variable	No. of Studies	Coefficient Estimate	95% CI	P Value[c]	Pearson Correlation Coefficient	Heterogeneity Parameter (I^2)[d]	P Value
Treatment of addiction during HCV therapy	26	−0.0426	−.9784, .8932	.9289	−0.0468	0.2014 (0.7020)	<.0001
Genotype 1 or 4	26	−1.7062	−2.7413, −.6712	.0012*	−0.7058	0.1349 (0.7031)	<.0001
Human immunodeficiency virus	22	−1.5767	−2.8753, −.2781	.0173*	−0.5921	0.1418 (0.6794)	<.0001
Location in United States	32	−0.5847	−1.1294, −.0401	.0354*	−0.4929	0.2077 (0.7777)	<.0001
Support services offered	31	−0.0245	−.4556, .4067	.9114	−0.0967	0.2343 (0.7909)	<.0001
Multidisciplinary team involved	32	0.0626	−.3506, .4759	.7665	0.0830	0.2265 (0.7800)	<.0001
Methadone maintenance during HCV treatment	20	−0.4157	−1.1916, .3602	.2937	−0.4871	0.163 (0.6029)	.0002
Study design (randomized or matched control vs other)	32	−0.1484	−.7701, .4733	.6399	0.0747	0.2133 (0.7847)	<.0001
Age	20	−0.0088	−.0486, .0311	.6656	−0.3288	0.1191 (0.5187)	.0025
Male	22	0.1513	−1.3726, 1.6752	.8457	0.0123	0.2541 (0.7993)	<.0001
Caucasians from US studies	6	0.0424	−1.1812, 1.2659	.9459	0.0987	0.1405	.1386
African American from US studies	4	−4.8407	−11.1615, 1.4801	.1333	−0.8544	0.039	.2711
Psychiatric comorbidities	14	−0.151	−1.1111, .8092	.758	−0.3007	0.1704 (0.7117)	<.0001
Substitution therapy at baseline[e]	24	−0.246	−1.2266, .7345	.6229	−0.1652	0.2163 (0.7224)	<.0001
Drug use during HCV treatment	15	0.346	−.1833, .8754	.2001	0.3777	0.0462	.0887
Biopsy performed	14	−0.2575	−.9557, .4407	.4697	−0.1952	0.071 (0.4498)	.0228

Abbreviations: CI, confidence interval; HCV, hepatitis C virus.

[a] Results listed in order as presented in the text.

[b] Results from the univariable meta-regression expressed as $\theta_i = \beta_0 + b_i + \beta_1 x_i + \varepsilon_i$, where θ_i is the log odds for achieving a sustained virologic response from study i, β_0 is intercept, b_i is random effect for study i, x_i is the value of the covariate from study i, and ε_i is the within study error. The covariates are expressed either as proportions (treatment of addiction during HCV therapy, substitution therapy at baseline, drug use during HCV treatment, genotype 1 or 4, human immunodeficiency virus infection, male, African American from US studies, Caucasians from US studies, psychiatric comorbidities, biopsy performed, methadone maintenance during HCV treatment), as categorical variables (study design, location in United States, multidisciplinary team involved, support services offered) or as continuous variables (median/mean age).

[c] Significant P values are indicated with an asterisk.

[d] I^2 added if heterogeneity is present.

[e] Substitution therapy included patients on either methadone or buprenorphine.

RNA level (available in 4 studies) nor the proportion of patients with advanced fibrosis (Scheuer stage ≥3; from 9 studies), were significantly associated with SVR. Additionally, in comparison with the SVR rate obtained from other countries, a significantly lower SVR rate of 44.6% (95% CI, 37.3%–52.2%, P = .035) was obtained among the 6 homogeneous (I^2 = 28.1%, P = .224) studies from the United States (Figure 3). The lower SVR rate may result from inclusion of significantly more HCV genotype 1/4–infected subjects in US studies (P = .003). None of the other variables assessed were significantly associated with treatment efficacy (Table 3).

In addition, we investigated the heterogeneity among the SVR rates through multivariable meta-regression. Nineteen studies simultaneously included data on the proportion of HCV genotype 1/4 patients, HIV infection, and treatment of HCV through a multidisciplinary team. On the basis of this analysis, we found a significant negative correlation between

SVR and genotype 1/4 (P = .0003) and positive correlation with involvement of a multidisciplinary team (P < .0001). We also found a nonsignificant negative correlation with HIV/HCV coinfection (P = .19) and a heterogeneity parameter estimated as 0.0009 (P = .28).

Finally, we sought to assess whether treatment of addiction affects the early virologic response (EVR) rate. EVR was defined as either undetectable HCV RNA or a 2 $\log_{10}$ decrease in HCV RNA by week 12. EVR rates were reported in 8 studies (Figure 4), which were heterogeneous (I^2 = 82.7%, P < .0001). The pooled EVR rate across all studies was 84.4% (95% CI, 73.3%–93.2%). Seven of these 8 studies reported that all of their patients were treated for addiction during HCV therapy (1 study did not specify), which did not enable us to evaluate the effect of treatment of addiction on EVR. The higher the proportion of genotype 1/4 patients, the lower the EVR rate (P < .0001).
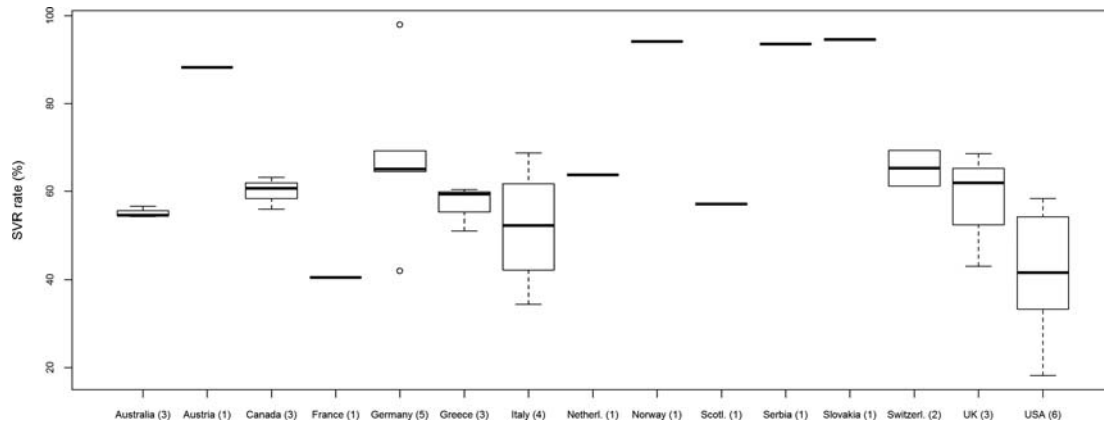
Figure 3. Box plot illustrating sustained virologic response (SVR) rates by country of origin and includes all studies analyzed as part of meta-analysis as well as 4 outliers from Slovakia, Germany, Norway, and Serbia. The numbers in parentheses are the number of studies from each location. The SVR rate reported in US studies is significantly lower in comparison with other countries (*P* = .035). The box extends from the 25th to the 75th percentile. The line in the middle of the box is the median and the lines extending from either end of the box indicate the extent of the data beyond the 25th and 75th percentiles, and outliers, if any. Abbreviation: SVR, sustained virologic response.

DISCUSSION

Despite high HCV prevalence and incident infections, DUs may have difficulty adhering to the therapeutic regimen for HCV. Understanding whether various support services for HCV can assist DUs to complete HCV therapy and improve treatment outcome could have important clinical and public health implications. In this study, we observed that addiction-treated DUs have higher PEG-IFN/RBV completion rates than nonaddiction-treated DUs. In addition, we observed lower
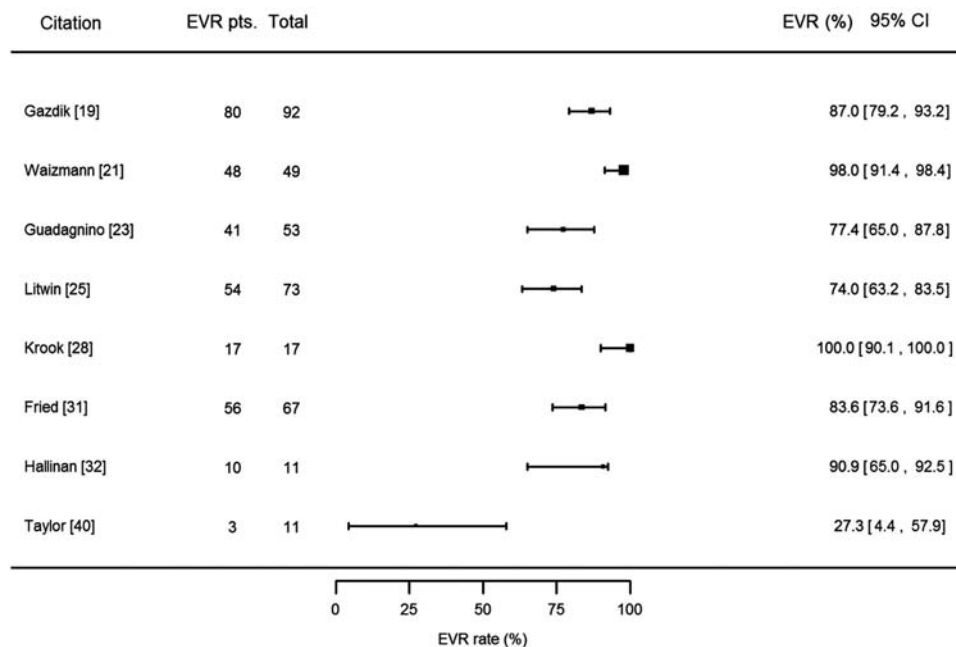
Figure 4. Forest plot demonstrating the early virologic response (EVR) rate and associated 95% confidence interval for each of the included studies that specified EVR rate. EVR was defined as undetectable hepatitis C virus (HCV) RNA or a 2 $\log_{10}$ decrease in HCV RNA by week 12. Column labeled "EVR pts." refers to the number of patients who achieved an EVR in the individual study. Abbreviations: CI, confidence interval; EVR, early virologic response.

rates of treatment completion among DUs infected with genotype 1/4 as well as among HIV-infected individuals as compared to genotype 2/3 and HCV-monoinfected DUs, respectively. After adjusting for HIV/HCV coinfection, sex, and treatment of addiction during HCV therapy, we observed that the availability of support services during HCV treatment significantly increased the treatment completion rates among DUs. We also observed that our SVR rate of 55.5% among all PEG-IFN/RBV-treated DUs and of 53% for those treated for addiction during HCV treatment are comparable to those obtained in PEG-IFN/RBV registration trials (54% and 56%, respectively [3, 4]). After adjusting for HCV genotype 1/4 and HIV/HCV coinfection, we observed that involvement of multidisciplinary team led to higher SVR rates among DUs.

The treatment completion rate among all DUs was estimated to be 83.4% (from 32 studies), which is comparable to the 14%–22% of patients who discontinued PEG-IFN/RBV treatment in registration trials [3, 4]. Decreased treatment completion among patients with genotype 1/4 could be explained by the longer course of PEG-IFN/RBV treatment for these genotypes. Similarly, HIV infection may affect PEG-IFN/RBV completion by adding to the complexity of the treatment regimen.

We observed a trend between treatment completion and the proportion of male DUs: the higher the proportion of males, the lower the treatment completion. We previously reported that male DUs were more likely to pursue HCV evaluation after at least 3 years of substitution therapy [47]. These, combined with similar results [48, 49], suggest that sex-based interventions may increase pursuit of and adherence to HCV care. In addition, regional variations in HCV disease characteristics may influence intervention design and execution. For example, US studies showed that an increased prevalence of genotype 1 infection potentially contributed to a significantly lower SVR rate than that observed in other countries.

Morbidity due to HCV continues to increase. The number of individuals with cirrhosis in the United States is expected to reach 1 million by 2020, and the number of HCV-attributable deaths is predicted to increase 5-fold between 2030 and 2050 [50, 51]. We recently reported that 84% (n = 54) of methadone-maintained patients had at least moderate hepatic fibrosis (Scheuer stage ≥2) [47]. Although we demonstrated the importance of addiction treatment during HCV therapy and the availability of support services in general, we were unable to demonstrate the effectiveness of any specific intervention. Studies included in our meta-analysis were largely designed as efficacy studies, which varied widely in the description of services offered and complicated cross-study comparisons. Furthermore, these studies may have excluded patients not on addiction treatment or who were current DUs. To that end, we found a significant result of the

role of addiction treatment on treatment completion among 5 European studies with addiction-treated and untreated patients. However, patients not treated for addiction during HCV therapy were mostly former drug users.

While publication bias was not a factor in the treatment completion rate, it was detected in the assessment of SVR likely due to few studies with large samples, studies with high SVR rates (>88%), and no studies with SVR rates in the interval of 70%–88%. Elimination of 4 outlier studies mitigated the publication bias. Although we demonstrated that treatment of addiction is associated with higher HCV treatment completion rates, our study was likely underpowered to demonstrate that treatment of addiction increases the SVR rate. Additional limitations include the paucity of papers on DUs not in drug treatment and the small number of African Americans in these studies.

In conclusion, published data suggest that the overall rates for treatment completion and SVR for PEG-IFN/RBV–treated DUs are comparable to registration trials. Further work should evaluate care models in DUs. On the basis of our results, we recommend that DUs treated for addiction should be considered for HCV treatment under the same circumstances as the non-DUs.

Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online (http://www.oxfordjournals.org/our_journals/cid/). Supplementary materials consist of data provided by the author that are published to benefit the reader. The posted materials are not copyedited. The contents of all supplementary data are the sole responsibility of the authors. Questions or messages regarding errors should be addressed to the author.

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