



**19<sup>th</sup> National Conference: Managing drug and alcohol  
problems in primary care**

**Early Intervention - Which way forward?**

**Wednesday 14 and Thursday 15 May 2014  
Holiday Inn Hotel, Stratford-upon-Avon**

**Day 1: Wednesday 14 May 2014**

10.00 Registration, coffee and exhibition

**Morning Session**

10.30 **Welcome and Introduction to the conference theme**  
*Dr Stephen Willott, GP Nottingham, Conference Chair, GP & Clinical  
Lead for Alcohol & Drug Misuse, NHS Nottingham*

10.40 **Education as Early intervention: The DrugAware Model**  
*Anna Power, Schools Drug and Alcohol Consultant  
DrugAware Programme Lead, Nottingham Early Intervention Team  
Quality & Commissioning, Children & Families, Nottingham City  
Council*

10.45 **Early intervention: pre-empting drug and alcohol misuse**  
*Rt Hon Graham Allen MP*

11.10 **Public Health's role in early intervention**  
*Mr Duncan Selbie, Chief Executive, Public Health England*

11.40 Q & A Panel with morning speakers

11.45 **Break**

11.50 **Parallel plenary session A**  
**Benzodiazepines - a pragmatic approach to management**  
*Dr Martyn Hull, Medical Director Swanswell & Lead GPwSI for  
Birmingham*

11.50 **Workshop Sessions A**

A1 **Sexual health & drug use in lesbian, gay, bisexual & transgender  
communities**  
*Mr Monty Moncrieff, Chief Executive, London Friend*

A2 **A perspective on commissioning effective services**  
*Ms Selina Douglas, Managing Director, Substance Misuse and  
Offending, Turning Point*



- A3**                    **Autism and addiction**  
*Dr Mona Mahfouz, GPwSI in Substance Misuse and Mental Health  
Clinical Lead for Dudley CCG*
- A4**                    **Getting to grips with take-home naloxone**  
*Kevin Ratcliffe, Consultant Pharmacist (Addictions), Birmingham and  
Solihull Mental Health Foundation Trust*
- A5**                    **"Will this make me bigger?" Anabolic Steroids, Performance and  
Image-enhancing drugs**  
*Mr Ian Ranson, Harm Reduction Worker, The Health Shop and  
Recovery in Nottingham*
- 12.50                **Lunch and exhibition**
- 13.00                **Workshop: Health - the cornerstone of future drug policies**  
*Dr Chris Ford, Clinical Director IDHDP, Mr Sebastian Saville  
Executive Director, IDHDP*
- Afternoon Session**
- 13.45                **Introduction to the afternoon session**  
*Dr Stephen Willott, Conference Chair*
- 13.50                **Early interventions and stigma reduction in mental health - what  
we can learn in drugs and alcohol**  
*Dr Peter Byrne, Consultant Liaison Psychiatrist, Homerton University  
Hospital London and former Director of Public Education, Royal  
College of Psychiatrists; and Mr Lee Knifton, Health Improvement  
Lead in the NHS, Senior Research Fellow, University of Strathclyde*
- 14.15                Q&A Session
- 14.30                **Food addiction leading to chronic liver disease**  
*Dr Jude Oben, Institute of Liver and Digestive Health, UCL*
- 14.55                Q&A Session
- 15.00                **Refreshments and Exhibitions**
- 15.30                **Parallel plenary session B**  
**Legal and illegal highs**  
*Chair: Kate Halliday, SMMGP Policy and Development Manager*
- Pills, powder and pleasure - what can we do?**  
*Dr Adam Winstock, Consultant Addiction Psychiatrist SLAM, Hon  
Senior Lecturer KCL and Founder Global Drug Survey*
- Problems with peeing - ketamine, health interventions and harm  
reduction**  
*Mat Southwell*



- 15.30      **Workshop Sessions B**
- B1**            **Promoting early intervention in child neglect**  
*Mr Evender Harran, NSPCC*
- B2**            **Childhood attachment relationships and opportunities to build social resilience into adulthood**  
*Dr Deborah Judge, Consultant Child & Adolescent Psychiatrist - Specialist in Substance Misuse*
- B3**            **How to make in-patient detox effective**  
*Dr Joss Bray, Clinical Lead for CRI community drugs service, Stockton on Tees*
- B4**            **Complex prescribing issues - case-based**  
*Dr Matthew Young, London Regional Lead for RCGP Substance Misuse and Associated Health (SMAH) unit and Kevin Ratcliffe, Consultant Pharmacist (Addictions)*
- B5**            **Presented Papers Session**  
*1. John Revill, Fergus Law  
Does Introducing Naltrexone Implants Early Improve the Outcome for Highly Motivated Patients Detoxifying from Low Dose Methadone in Primary Care – Experience with 5 Patients and 3 Month Follow-up?*  
*2. Dr Clare Fleming & Dr Emma Mastrocola  
Bristol Wet Clinic - an Evaluation*  
*3. Alina Serafin  
ChangeDrinking: An evaluation of user perceptions of an online intervention designed to motivate problem drinkers with a recent hospital admission to seek help for their drinking behaviour*
- 16.30      **Substance misuse and tobacco**  
*Professor Ann McNeill, Professor of Tobacco Addiction, UK Centre for Tobacco & Alcohol Studies, Institute of Psychiatry, KCL*
- 16.55      Q & A Session
- 17.00      **Early intervention in Primary Care**  
**Panel discussion**  
*Dr Roy Robertson GP and Honorary Clinical Reader, Centre for Population Health Sciences, University of Edinburgh*  
*Dr Stephen Willott, Conference Chair*  
*Dr Martyn Hull, Medical Director Swanswell & Lead GPwSI for Birmingham*
- 17.50      **How drugs and alcohol relate to GPs**  
*Professor Mike Pringle, President, RCGP*
- 18.00      Non alcoholic drinks reception in the exhibition area
- 19.30      Barbeque dinner and social - ticketed event - Holiday Inn



**Day 2: Thursday 15 May 2014**

08.00 Registration, refreshments and exhibition

**Morning Session**

09.00 **Welcome from the RCGP Chair**

*Dr Maureen Baker, Chair of Council, RCGP*

09.05 **Day 2 - Continuing the conference theme**

*Dr Tim Horsburgh, Clinical Lead – Dudley Adult Substance Misuse Services*

09.10 **State of the sector**

*Dr Marcus Roberts, Chief Executive, DrugScope*

09.35 Q & A Session

09.40 **Service user perspective**

*Lee Collingham & Jamie Robertson*

10.10 **Building recovery by believing in people**

*Mr Peter Yarwood, Chief Officer, Red Rose Recovery*

10.30 Q & A Session

10.35 **Refreshments and exhibition**

11.00 **Parallel plenary session C**

**Primary Care role in providing alcohol treatment**

*Chair: Mr Eric Appleby, Chief Executive Alcohol Concern*

*Dr Johannes Coetzee, GP Wandsworth; Fresh Start Clinic*

*Dr Steve Brinksman, GPwSI Substance Misuse and SMMGP Clinical Lead*

*Mr Apollos Clifton-Brown, Clinical Lead for Framework Housing; Operations Manager for the Last Orders Alcohol Services*

11.00 **Workshop Sessions C**

**C1 It's a miracle you're cured**

*Mr Andre Geel, Chartered and Consultant Clinical Psychologist, General Mental Health & Addictions*

**C2 Secure environments - an update on policy**

*Kieran Lynch, Criminal Justice Programme Manger, Alcohol, Drugs & Tobacco, Public Health England*



- C3**            **Stairway to heaven or road to hell? Perils and pitfalls of prescribing for pain.**  
**The use of opioids for chronic non-cancer pain; Diagnosis and management of neuropathic pain**  
*Dr George Ryan, Clinical Lead for Shropshire Community Substance Misuse Team*
- C4**            **Hepatitis C in Primary Care: the way forward**  
*Dr Iain Brew, Medical Lead HMP Leeds and GPwSI Hepatitis C*
- C5**            **Cannabis - really useful stuff for GPs**  
*Dr Adam Winstock, Consultant Addiction Psychiatrist SLAM, Hon Senior Lecturer KCL and Founder Global Drug Survey*
- C6**            **The Human Library** - listen live to someone's personal experience. 'Books' will be available in 20-minute slots over the period of an hour.
- The Human Library provides an opportunity to sit quietly with someone, on a one-to-one basis, and hear their lived experience of addiction and their treatment journey. Our books at this session include three people, all of whom have personal experience of their own recovery process. Each session lasts about 20 minutes. A quiet and private space is available. Please register your interest on the booking sheet on the SMMGP stand, with the registration desk, or once in the conference call Brian Whitehead on 07973 818 376
- 12.00           **Lunch and exhibition**
- Alcoholics Anonymous session
- 13.00           **Troubled families**  
*Ms Louise Casey Director General, Troubled Families, Department for Communities and Local Government*
- 13.25           Q & A Session
- 13.30           **Investing in prevention – moving early intervention up a gear**  
*Dr Anne Scoular, Consultant in Public Health Medicine, NHS Greater Glasgow & Clyde*
- 13.55           Q & A Session
- 14.00           **Parallel plenary session D**  
**Clinical Update: what's new in 2014?**  
*Dr Euan Lawson, GP, Deputy Editor British Journal of General Practice, Editor-in-Chief Harm Reduction Journal*



- 14.00      **Workshop Sessions D**
- D1            Preventing and responding to dependence on prescribed and over-the-counter medicines: National policy, local action**  
*Mr Stephen Taylor, Programme Manager, Alcohol and Drugs, Public Health England*
- D2            Film Drug Consumption Rooms: The Swiss Experience**  
*Dr Judith Yates, GPwSI, Birmingham*
- D3            Volunteering and mentoring for recovery**  
*CRI Recovery In Progress Team (RIPT); Ms Tan Jeram Volunteer Co-ordinator*
- D4            Come up and see me make me smile**  
**Wolverhampton Special Care Dental Service**  
*Jane Davies-Slowik, Specialist in Specialist Care Dentistry, Wolverhampton Special Care Dental Service*  
*Sandeep Klair, Senior Dentist, Wolverhampton Special Care Dental Service*  
*Leanne Harper, Drug Service User Involvement project Worker, Wolverhampton*  
*Helen Ford, Principal Dental Nurse, Wolverhampton Special Care Dental Service*  
*Silan Burns – Senior Dental Nurse, Wolverhampton Special Care Dental Service*
- D5            A brief guide to MI (Motivational Interviewing)**  
*Brian Whitehead, Member of the RCGP Sex Drugs and BBV Group, Motivational Interviewing Trainer*
- 14.50      **Refreshments and exhibition**
- 15.00      **Cops and Docs - Together calling for health based drug policy**  
*Chair: Dr Chris Ford, Clinical Director IDHDP*  
*Mike Barton, Chief Constable, Durham Constabulary*  
*D/Supt Lee Johnson, Durham Constabulary*  
*Professor Averil Mansfield, Emeritus Professor of Vascular Surgery, Imperial College, London*
- Mr Sebastian Saville Executive Director, IDHDP*
- 15:55      Presentation of awards to prize winners
- 16.00      Key themes to take away from conference
- 16.15      Conference close followed by networking and refreshments

Whilst we endeavour to present the programme as advertised, we reserve the right to amend timings and content